



Kavali
Plastic Surgery

PREOPERATIVE INSTRUCTIONS

You are currently scheduled for

Procedure:

Location:

Date / Time:

It is hoped that the following information will help your surgical experience to proceed smoothly. The time, and possibly the place of your surgery, may change. You should be notified if this occurs.

If you are to receive anesthesia, you will have an opportunity to discuss your anesthesia with an anesthesiologist. This may occur at the time of your preoperative testing or the day of your surgery. Be sure to ask any questions regarding your anesthesia at that time. Be sure that Dr. Kavali and the hospital have a complete list of medications you are taking or have taken within the last 12 months. These include any prescription medications as well as over-the-counter medications. It is a good idea to bring all your current medications in their pharmacy bottles with you on the day of surgery.

It is very important that you do not eat or drink anything (not even coffee, tea, water, gum, or candy) after midnight the evening before surgery. Please be sure you know whether or not you are to take your regular medications on the day of surgery.

Should you develop a cold or other illness, please call the office.

Hospital personnel will call you prior to your surgery to inform you when to report to the hospital. This is generally one to two hours prior to your scheduled surgery.

Wear simple, comfortable clothing. Please do not wear jewelry or makeup. Contact lenses should not be worn. You may bring your glasses.

Do not apply lotion to your body the day of surgery.

A responsible adult must be available to take you home. In addition, you should plan to have someone stay with you at least overnight following surgery.

Do not take aspirin, aspirin-containing medications, Motrin, Ibuprofen or similar medications (even Alka-Seltzer Plus contains aspirin) for at least TWO WEEKS prior to your surgery. Limit your intake of Vitamin E to less than 400 mg/day. Many over the counter dietary aids, including weight loss medications, also have undesirable and unintended side effects. Please ask if you have any questions about any medications.

If you have any questions, please call the office. Be sure all your questions are fully answered.